

June

Rejoice in the Lord always. I will say it again: Rejoice! **Philippians 4:4**

Rejoice means to feel or show great joy or delight. We should feel or show great joy in the Lord always... every day. How do we do that when we are happy? We remember that Jesus is the One who gives all good things. How do we rejoice when things are hard? Sometimes things happen that are scary or confusing or sad. How do we rejoice in the Lord then? We remember His goodness and His promises. One promise to remember when sad or hard times come is, "God will never leave you." When something good or bad happens, we can rejoice and have joy knowing that God is with us.

Pray: Ask God to help you to have joy in Jesus always!

Ideas to Live It Out:

- Make a Joyful Noise
 - o Use instruments you have around the house (pots and pans with wooden spoons for drums) or make your own instrument.
 - o Play joyful worship music and encourage your child to join in with their instrument. When we are joyful in the Lord, we want to worship Him!
- Make a Musical Instrument
 - o Pour a spoonful of rice into plastic Easter eggs.
 - o Tape two spoons together to hold the egg to make a maraca.
- Filled with Joy Balloon Experiment
 - o Fill an empty water bottle about a 1/3 of the way with vinegar (Represents the Holy Spirit at work in their heart).
 - o Insert a funnel into the opening of the balloon, scoop a spoonful of baking soda into the funnel to fill the inside of the balloon. This represents spending time getting to know God. Talk about ways we can do this—reading His Word, prayer, worship, etc.
 - o Attach the balloon to the plastic water bottle filled with vinegar.
 - o Slowly lift up the balloon and watch what happens next.
 - o As the balloon begins to inflate, tell your child that the Holy Spirit fills us with joy when we spend time getting to know God. Joy comes from being with God, which means you can be rejoice in happy and unhappy moments.

